

THE GURU NEXT DOOR
A Teacher's Legacy
By Wendy Dolber
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Book Describes Powerful Yet Simple Key to Happiness

MONTCLAIR, NEW JERSEY—Pioneer in the field of personal growth and development Bruce Di Marsico created the Option Method in the late 1960s to help people be happy. He held private sessions and trained Option Method practitioners for decades following, keeping a low profile until his death in 1995. Consequently, the works of this brilliant and charismatic man, who helped millions of people, were not well known to the general public. Until now.

Close friend and student of Di Marsico, Wendy Dolber, has written *The Guru Next Door: A Teacher's Legacy* to broadcast his voice to the world. The book is a fictional work based on his life and Option Method teachings. "My intent is to share my experience of the essence of the man and the thinking behind his profound teachings," says Dolber.

She tells Di Marsico's story through the voice of the fictional "Annie," who lives next door. She is a troubled child from a broken family. Through interactions with Di Marsico, Annie learns another way of looking at life. Dolber chose a child to relate to Di Marsico in the book to show that even as children, people make choices. Who, how, and what we believe have tremendous impact on our view of ourselves, the world, and our personal happiness. The intimate story illustrates how loving, nonjudgmental, and simple questions can unlock the secrets within us. The message Dolber conveys through Di Marsico's teachings about happiness is that everyone has access to the answers to those questions.

The book is unique because Di Marsico's teachings were one-of-a-kind. "He comes from a courageous place of knowing that all unhappiness is a question of belief and not the result of events," explains Dolber. "I was his student and close friend for 25 years and was one of the few people who had the benefit of his teachings for that long period of time and who was intimately associated with him. I have unlimited access to his entire body of writings, many of which are published for the first time in this book."

Deborah Mendel, wife of the late Di Marsico and author of *Be Happier Now—Your Personal Roadmap to a Life of Joy and Happiness: The Option Method Workbook*, had this to say about the book: “When I first began to read *The Guru Next Door: A Teacher’s Legacy*, it quite literally brought me to tears. Wendy Dolber has truly captured the essence of the experience of knowing Bruce Di Marsico, my late husband, through this intimate story. I was enchanted by Annie, a young girl, through whose eyes and heart the reader travels; discovering that she *is* loved and that she *can* be happy no matter what is happening around her. Unconditional love can come to us in many unexpected forms. For Annie, as it was for many who knew Bruce Di Marsico, it was the unlikely guru next door.”

Joe Vitale, author of *The Attractor Factor*, calls *The Guru Next Door* “a fascinating, heart-opening book!” It can be purchased in bookstores or by sending \$12.95 (plus \$4.95 shipping and handling) to Dialogues in Self Discovery LLC, 41 Watchung Plaza, Suite 153, Montclair, New Jersey 07042. Visit www.TheGuruNextDoor.com, or call credit card orders to: 1-800-345-6665.